

Benefits of Cloth Diapers:

Cloth diapering is the natural way to diaper your child. Over 27 billion disposable diapers are consumed every year in the United States. What used to be a product that was used sparingly is now exclusive in 90% of households. Cloth diapering is cost effective and offers health benefits for your baby and environmental benefits for the world.

From an environmental perspective, manufacturing of disposable diapers consumes energy, trees, and plastic and then can take hundreds of years to decompose. Each year, more than 80,000 pounds of plastic and 200,000 trees are consumed in making disposable diapers for American babies alone. The plastic and chemicals along with the untreated waste ends up in landfills where it can potentially contaminate ground water. Cloth diapers can be used 50-200 times and then gain new life when they are recycled as rags. Waste from cloth diapers is either flushed or washed into the sewer system where they can be properly treated at wastewater plants.

Many parents choose cloth diapers for the health benefits they provide. Disposable diapers are full of harsh chemicals that not only cause diaper rash, but are now being found to have more long term effects. Chemicals include dioxin, which is a cancer linked chemical, and also TBT that is known to cause hormonal problems. New studies show that the harsh perfumes in disposable diapers may increase your baby's chance for asthma and the plastic lining may increase the temperature and cause male infertility. Just as you would prefer cotton on your skin, cloth diapers provide a natural, comfortable, and breathable environment for a baby's sensitive bottom.

The cost of diapers is usually one of the largest expenses and a great concern for parents. If you compare the monthly cost of disposables to that of a diaper service, you will find they are very similar. The major savings come when you consider the convenience and the fact that cloth diapered babies tends to potty train one year earlier than those who use disposable. With a cloth diaper service, clean cotton diapers are delivered to your door on a weekly basis, eliminating additional trips to the store.

Many parents are taking a hard look at the environmental, health, and cost advantages of cloth diapering. When you factor in the convenience of the modern, no-pins cotton diapering system and a diaper service, cloth diapering is the logical choice.

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